



**The Carolina Chocolate Festival
Presents the Cocoa 5K Run/Walk**
8:00 a.m. Saturday, Feb. 2, 2019
Crystal Coast Civic Center (CMAS T BUILDING)
Morehead City, NC



This event is sponsored and organized by the Carolina Chocolate Festival.

COURSE: The 5K Race Course is flat and begins and ends at the Crystal Coast Civic Center, CMAS T Building

TIME: The 5K run/walk will begin at 8:00 a.m. We will have a heated tent pre and post race

ENTRY FEE: \$25.00 per individual /\$45 for family (2 adults & 2 kids under 18 years)

- Entry includes 1 tee shirt per individual and 1 per family (to the first 100 registered runners)
- Additional tee shirts are available \$10 each

AWARDS: For the 5K, the first three overall and the first place in each age group:15 and under, 16-19,20-29,30-39,40-49,50-59,60-69 and 70 and over. All finishers receive time and place. Results will be posted on the Internet at

www.carolinachocolatefestival.com. Post race snacks are provided!

SIGN-UP: Use the form below or download an application from www.carolinachocolatefestival.com The pre-race sign up will be at the Crystal Coast Civic Center Friday, February 1, 2019 between 4:00-6:00 p.m.

Race day registration and packet pick-up will begin at 7:00 a.m. at Crystal Coast Civic Center lobby

QUESTIONS: call 252-354-9500 or visit www.carolinachocolatefestival.com

Make checks payable to the Carolina Chocolate Festival
P.O. Box 243, Swansboro, NC 28584 with your race application.

Please tear off below for mail in registration with a check or: Pay online (click tickets on website)
or email registration to tpevents@earthlink.net

-----**ENTRY FORM**-----

Name _____

Birth Date _____ Age on Feb.1 _____ Sex _____

Street _____ City _____ ST _____ Zip _____

Home Phone _____ Work Phone _____ email _____

Shirt Desired (Y/N) _____ Shirt Size _____ Amount enclosed (add \$10 for additional t-shirt) _____

(One tee included per individual and/or per family registration)

NO animals, skates, skateboards or bicycles are allowed in the event in the interest of safety. Wheelchairs and baby strollers are allowed and are encouraged to participate. I realize that running can be a hazardous activity, and I and my heirs, executors, administrators and assigns do hereby release the organizers, sponsors, all race personnel and volunteers, Crystal Coast Civic Center, Carteret Community College, The Carolina Chocolate Festival, the Town of Morehead City from responsibility for any damages suffered by me as result of my participation in the above events. I also attest that I am in sufficient physical condition to safely participate in the events on February 2, 2019, and that I take full responsibility for my own safety during the events.

Signed _____ Date _____

Parent or Guardian if under 18 _____ Date _____